

@THECAFFEINATEDBOOKSISTERS

SPRING CLEANING CHALLENGE

March 30th to April 30th

HOW TO USE THIS CHECKLIST:

Each week, you'll focus on one area of your home and complete a checklist of tasks for that space.

- Your goal is to complete every task on that list before moving on to the next week.
- Go at your own pace; Do one task per day, or knock out multiple tasks in a day, whatever works for your schedule!
- Once you've checked off everything, you're ready to move on to the next space!

WEEK 1: KITCHEN

- Declutter your cabinets! COMPLETE one cabinet before moving on to the next. Take everything out, wipe clean and put back!
- Drawer time! Declutter and wipe down insides.
- Dust and wipe down outsides of cabinets and drawers and wipe outsides of appliances clean.
- Wipe down counters, backsplash and counter appliances
- Fridge time! Take everything out, throw away expired items and wipe down interior.
- Declutter pantry, wipe down any surfaces.
- Vacuum and mop floors.

WEEK 2: LIVING/DINING/ENTRYWAY

- Declutter and dust all surfaces, including fans, light fixtures, decor and pictures.
- Declutter any drawers, baskets or storage spaces. Wipe clean before putting items back.
- Vacuum couches and chairs, don't forget under the cushions, fluff pillows and fold blankets. Wipe down dining chairs/tables.
- Wipe down TVs, remotes and other electronics.
- Dust and clean windows, glass surfaces and mirrors (Blinds included).
- Wipe down baseboards, vents and any high touch areas such as light switches.
- Vacuum rugs and mop floors.

WEEK 3: BEDROOMS

- Declutter surfaces, clear off nightstand, dresser and any visible clutter.
- Declutter drawers and closet spaces, donate unused items.
- Dust all surfaces, fans, dressers, headboards ect.
- Declutter and donate children's toys and stuffies in kids rooms
- Wipe down windows, furniture and high touch surfaces.
- Bedding refresh, wash or change out bedding.
- Wipe down baseboards, vacuum and mop floors.

WEEK 4: BATHROOMS

- Dust surfaces, light fixtures and hard to reach areas.
- Countertops and surface declutter.
- Declutter and wipe out all drawers and cabinets.
- Scrub shower, tub, faucets, and clean glass doors or curtains.
- Deep clean and sanitize toilets and sinks.
- Clean mirrors and wipe down light switches, handles, and knobs.
- Wash bath mats, vacuum and mop floors.

WEEK 5: CATCH UP AROUND THE HOUSE

- Wipe down any windows you did not get to
- Declutter a problem area like the linen closet
- Spot clean any walls that have visible marks
- Deodorize rugs and pet areas with baking soda
- Refresh houseplants and dust leaves
- Sort through paper, mail and miscellaneous piles.
- Final sweep, finish any missed tasks.

YOU
DID
IT!