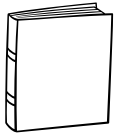


@THECAFFEINATEDBOOKSISTERS

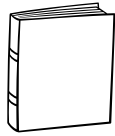
# THE "NO PHONES, JUST BOOKS" CHALLENGE

read 20-30 mins a day without touching your phone. Color in the book as you complete each day.

DAY 1



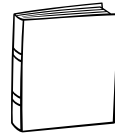
DAY 2



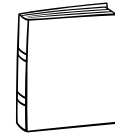
DAY 3



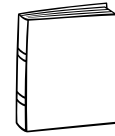
DAY 4



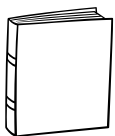
DAY 5



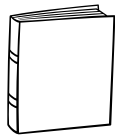
DAY 6



DAY 7



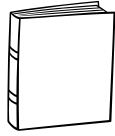
DAY 8



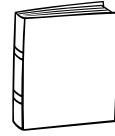
DAY 9



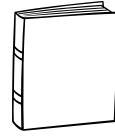
DAY 10



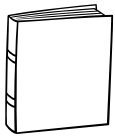
DAY 11



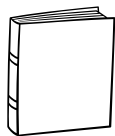
DAY 12



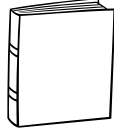
DAY 13



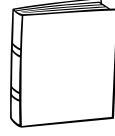
DAY 14



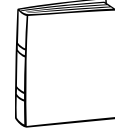
DAY 15



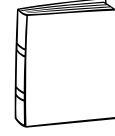
DAY 16



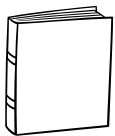
DAY 17



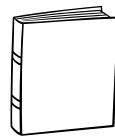
DAY 18



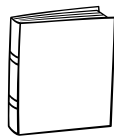
DAY 19



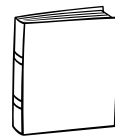
DAY 20



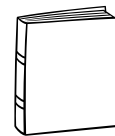
DAY 21



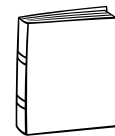
DAY 22



DAY 23



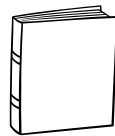
DAY 24



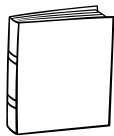
DAY 25



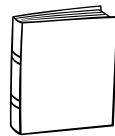
DAY 26



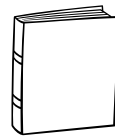
DAY 27



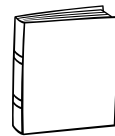
DAY 28



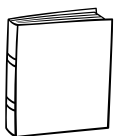
DAY 29



DAY 30



DAY 31



COMPLETE ALL 31 DAYS AND  
REWARD YOURSELF WITH A NEW BOOK!